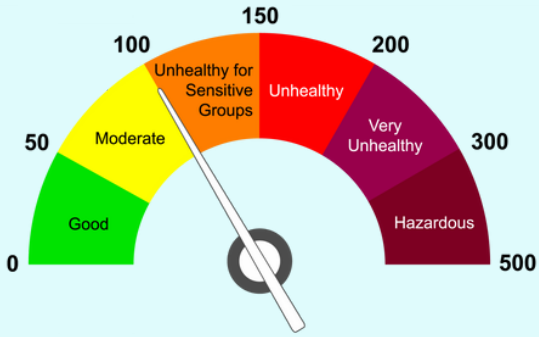


AIR QUALITY RESOURCES

Air quality can be worse on hotter days, especially in the afternoons and early evenings.

Air Quality Index (AQI)

The air quality index tells you how much bad stuff is in the air



Green: Good! There isn't a lot of bad stuff in the air

Yellow: Sensitive people should limit their time outside

Orange: People with breathing conditions should stay inside

Red: Everyone should limit their time outside

Purple: Everyone should limit their time outside

Maroon: Everyone should stay inside

Scan to see the AQI in your area



Build a Box Fan Air Filter

If finding an air purifier is hard, a box fan can easily be transformed into an air filter with only a few extra things!

Scan here to learn



For children with asthma, it is important to look at AQI before going outside

Stay inside if AQI is:

Orange

Particulate matter (PM2.5) is >55.5

Ozone (O3) >0.096

Scan to See Which Healthier Home Program You Qualify For

Your home has its own indoor air quality. Keep the bad air out and the good air inside!



These programs can help you fix a leaky roof, replace your HVAC system, or seal your doors and windows:

- Weatherization Assistance Program
- Restore, Repair Renew (RRR)
- Basic Systems Repair Program (BSRP)

Scan here to find out



Tips for your Home



Removing Mold: Wipe surfaces with soapy water and dry to remove mold. This works better than bleach. Use gloves and protect your eyes



VOCs: Come from cleaning products, pesticide, and air fresheners and can worsen eczema or irritate your eyes, nose, and throat. Open windows and turn on fans if you use these products or switch to VOC-free



Tobacco and Smoke: Smoke from tobacco products make asthma worse. Never smoke inside your house. Wash your face and clothes after smoking



Scan here for smoking cessation resources

