**Treatment for Thrush/Candida/Diaper rash**

**& Breastfeeding Family**

**Baby** will be prescribed nystatin medicine by the Pediatric provider. This liquid needs to coat the babys’mouth after feedings. Use a gauze pad wrapped around a finger or Q-tip, apply the medicine to all parts of the inside of the baby's mouth.

**For breastfeeding parent:** gently cleanse nipples with mild soap & water, pat dry and then apply thin coating of ***clotrimazole*** (lotrimin) ointment or ***miconazole*** (monistat) ointment to nipples after breastfeeding until infection is gone, nipples are healed and baby has completed treatment.

* **Wash baby bottles**, nipples, pacifiers and toys in hot soapy water **every day**
* **Good handwashing** important for everyone in family
* **Change breast pads frequently**, remove damp clothing, wash in hot water
* Vinegar rinses (half water/half white vinegar) of nipples & baby’s bottom is an alternative treatment
* Fluconazole (Diflucan) is a pill sometimes prescribed by a doctor or nurse practitioner for the breastfeeding parent. It is compatible with breastfeeding and can be used with over-the-counter ointment.

 