



Are You Concerned About Your Child's Behavior?

If your child is between the ages of 2 ½ and 7 years old, is aggressive, not following directions, and throwing tantrums, our Parent-Child Interaction Therapy (PCIT) program can help.

PCIT is a training intervention that focuses on teaching you PRIDE* skills to manage your child's behavior.

After learning these skills, you will be given a chance to practice with your child under the supervision of a trained PCIT professional.

PCIT can help you with parenting skills and improve your child's:

- Ability to listen and follow directions
- Social skills
- Self-esteem

**PRIDE: Praise, Reflect, Imitate, Describe, Enjoy*

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WHO: You, your child, and a PCIT professional

WHEN: Once a week for about 16-20 sessions

WHERE: St. Christopher's Pediatric Associates
Center for the Urban Child
160 E. Erie Avenue, Philadelphia
(Transportation provided)

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For more information call 215 - 427- 4769 or email David.Bennett@towerhealth.org

PARENT-CHILD INTERACTION THERAPY (PCIT)



St. Christopher's
Pediatric Associates

CENTER FOR THE URBAN CHILD
- ERIE AVENUE