# Community Behavioral Health

801 Market Street/7th Floor/Philadelphia, PA 19107

215-413-3100

**INTENSIVE BEHAVIORAL HEALTH SERVICES (IBHS) WRITTEN ORDER**

**PROVIDERS: PLEASE COMPLETE ALL FIELDS PRIOR TO SUBMITTING TO CBH**

**Date:**

**To: CBH Clinical Management – IBHS team**

**From: Your Name Your email**

**\_St. Christopher's Hospital for Children Agency Name CBH Provider #**

**Agency Phone Agency Fax Re: \_\_\_\_\_\_\_\_\_\_ Youth Name**

**Parent/Legal Guardian Name**

**Street Address Zip code**

**Home Phone Mobile Phone**

**Primary Email Secondary Email School/Placement Info:**

none **Child’s School (Necessary to identify IBHS regionalized provider)**

**none Other Child Placement (e.g. daycare, Pre-K) PLEASE CHECK YES OR NO FOR EACH ITEM BELOW:**

**DHS INVOLVEMENT: x No ☐ Yes If yes, name of DHS/CUA Worker:\_**

**Phone # of DHS/CUA Worker: REGISTERED WITH IDS: x No ☐ Yes If yes, name of Supports Coord:**

**Phone # of Supports Coord:**

**COURT INVOLVEMENT: x No ☐ Yes If yes, name of PO:**

**Phone # of PO:**

**TPL PLAN OTHER THAN CBH: ☐ No ☐ Yes If YES, STOP HERE and seek primary authorization or denial through all other payors before submitting to CBH. CBH cannot review any request for IBHS unless CBH is the primary funder.**

**Is this a request for your agency to staff? ☐ No ☐ Yes If NO, why not? (e.g., not in cluster, agency doesn’t offer ABA). Reason here:**

# Intensive Behavioral Health Services (IBHS) Written Order

## Child’s Name: Date of Birth: \_\_\_\_\_\_\_\_\_

**MA ID# (10-digits):** **Date of Written Order: \_\_\_\_\_\_\_\_\_\_**

Following my recent face-to-face appointment and/or evaluation on \_\_\_\_\_\_\_\_\_with \_\_\_\_\_\_\_\_\_\_, and after considering less restrictive, less intrusive levels of care such as interventions provided through early intervention only, I am making the following Written Order.

It is medically necessary that \_\_\_\_\_\_\_\_\_\_\_\_receive Intensive Behavioral Health Services (IBHS). This Written Order includes a current, primary behavioral health disorder diagnosis (listed in the most recent edition of the DSM or ICD) and measurable improvements in the identified therapeutic needs that indicate when IBH Services may be reduced, changed, or terminated, as per regulations.

Additionally, a comprehensive, face-to-face assessment must be completed by an IBHS clinician to further define how the recommendations in this order will be used to inform and complete an Individualized Treatment Plan (ITP). Treatment services by qualified staff may also be delivered during the initial assessment period, provided a treatment plan has been developed for the provision of these services.

## Current Behavioral Health Diagnosis:

A primary behavioral health diagnosis is necessary to initiate IBHS. In addition, please include other behavioral health and/or physical health diagnoses or issues of concern, as applicable:

|  |
| --- |
| **Primary Behavioral Health Diagnosis: F84.0 Autism Spectrum Disorder** |
| Additional Behavioral Health Diagnosis: Speech delay |
| Medical conditions/physical health diagnosis: (repeat row as necessary) |

## Measurable goals and objectives to be met with IBHS, and which justify the medical necessity of the types and amounts of services prescribed in this Written Order:

1. Increase functional communication use (words, gestures, sign, visuals) across pragmatic contexts
2. Decrease tantrum/challenging behavior in response to transitions and/or changes in routine
3. Increase engagement in adult-directed learning tasks and peer-play activities

## Please select the services that you are recommending, based on the symptoms/behaviors of concern and the setting(s) in which services may occur. You must complete all sections in one or two rows for a service to be appropriately authorized. All treatment authorizations will align with program description or be given for 365 days, unless otherwise specified. Start date will be date reviewed, unless otherwise specified.

|  |  |  |  |
| --- | --- | --- | --- |
| **Service Type** | **Assessment Type / Clinician type** | **Maximum number of hours per month (hpm)** NOTE: IBHS agency may provide less, as clinically  indicated | **Settings in which service may be necessary** |
| **IBHS INITIAL ASSESSMENT AND TREATMENT SERVICES** | | | |
| * **IBHS Initial Assessment and Treatment for Individual or Group Services** | * 425-4 (Assessment) and 425-5 (Initial Treatment) | * Episode – 15 days (up to 400 units) assessment and 30 days (up to 1,500 units) treatment   Start date, specify: | * Home * School, specify: * Community, specify: |
| * **IBHS-ABA Initial Assessment and Treatment for ABA Services** | * 425-6 (Assessment-ABA) and 425-7 (Initial Treatment-ABA) | * Episode – 30 days (up to 750 units) assessment and 45 days (up to 2,500 units) treatment   Start date, specify: ASAP | X Home  X School, specify:  X Community, specify: |
| **IBHS DIRECT TO TREATMENT SERVICES** | | | |
| * **IBHS Individual Services**   (Child to be served by Regionalized IBHS provider, per school cluster) | * Behavior Consultant (BC) * Mobile Therapist (MT) * Behavior Health Technician (BHT)\*   \*NOTE: an FBA is required first | Up to hpm Up to hpm Up to hpm  Start date, specify: | * Home * School, specify: * Community, specify: * Center-based location, specify: |
| * **IBHS Group Services**   \*NOTE: Members may receive Group in addition to IBHS- Individual Services (row above) | * Group Mobile Therapist (GMT) | Up to hpm Start date, specify: | * School, specify: * Community, specify: * Center-based location, specify: |
| * **IBHS ABA Individual Services** | * Behavior Analytic Services (BCBA) * Behavior Consultation (BC-ABA) * Assistant Behavior Consultation (Assistant BC-ABA) * Behavioral Health Technician (BHT-ABA)\*   \*NOTE: an FBA is required first | Up to hpm Up to 80 hpm Up to hpm  Up to hpm Start date, specify: | * Home * School, specify: * Community, specify: * Center-based location, specify: |
| * **IBHS ABA Group Services**   \*NOTE: Members may receive ABA Group in addition to ABA- Individual Services (row above) | * Group ABA Services | Up to hpm Start date, specify: | * School, specify: * Community, specify: * Center-based location, specify: |

|  |  |  |  |
| --- | --- | --- | --- |
| **IBHS EVIDENCE-BASED AND SPECIALIZED PROGRAMS** | | | |
| * **ABA Early Childhood Intensive Services**   \*NOTE: ABA EC are stand- alone services, cannot co-occur with other IBHS | * ABA Early Childhood Intensive Services | * Episode   Start date, specify: | * Community, specify: * Center-based location, specify: |
| * **IBHS Evidence-Based Therapies** | * Functional Family Therapy (FFT) * Multi-systemic Therapy (MST)\* * Multi-systemic Therapy - Problem Sexual Behavior (MST-PSB)\*   \*NOTE: a referral, Psych Eval and Initial ISPT are also required | * Episode * Episode * Episode   Start date, specify: | * Home * School, specify: * Community, specify: |
| * **IBHS** Other – CTSS | * Clinical Transition & Stabilization (CTSS @ Bethanna) | * Episode, 90 days, up to 40 hpw/160 hpm | * All environments where stabilization is needed, including home, school, and community |

**Collaboration and Confirmation:**

*I confirm that following my recent face-to-face appointment and/or evaluation of this child, and after considering less restrictive levels of care, as well as the prioritization of available evidence-based treatments, I am making the recommendations as per the above Written Order. I further confirm that I have communicated these recommendations for treatment to the youth, youth’s parents, and/or legal guardians in a language easily understood by all. I explained that the number of treatment hours listed above describes the* ***maximum*** *amount that can be received per month over the authorization period that begins now. Finally, I informed the youth and their parent/legal guardian that IBHS treatment hours may vary, based on increasing or decreasing clinical need, whenever changes in location of service are made (such as for summer programming or holidays), and/or the full*

*team’s ongoing assessment of clinical need.*

Prescriber’s Name (please print): Degree: MD

License Type: NPI#: PROMISE ID#: 103497001

Prescriber’s Signature: Date:

Prescriber’s Email Address:

*\*NOTE: ALL fields above required. Failure to submit a complete form may result in CBH marking this request as Insufficient and/or denying the request.*

***If you need to be connected to an IBHS provider in the CBH network, please contact CBH Member Services at 1-888-545-2600***