



## Your doctor believes that your child would benefit from meals from MANNA.

### MANNA Meal Program for Kids

Health Partners Plans (HPP) is proud to partner with MANNA to provide meals for children with specific health concerns. The MANNA meal plan is available at no cost to those who qualify.

Once enrolled in the program, children will receive weekly pre-packaged meals made for their special dietary needs. Parents and guardians will receive ongoing case management services provided by HPP at no cost. They will also be able to schedule free nutrition counseling appointments with MANNA's registered dietitians to learn more about eating healthy as a family and food shopping on a budget.

### How it Works

- Family agrees to stay connected with HPP Healthy Kids staff for follow up
- Child's doctor completes referral form and sends to HPP
- HPP will forward the referral to MANNA and a MANNA intake specialist will contact the parent or guardian to set up the meal program
- HPP tracks nutritional goals and sets up other care needs specific to the member



### Duration of the Program

12 weeks with the option to renew for another 6 weeks based on progress to goal.

**12**  
weeks

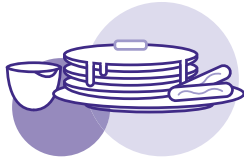
optional  
renewal

**6**  
more weeks!

## Sample Daily Menu

### Breakfast

- Whole grain pancakes
- Turkey sausage links
- Fruit cup



### Lunch

- Chicken salad sandwich
- Yogurt
- Fruit cup



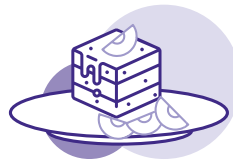
### Dinner

- Penne pasta with meatballs
- Green beans



### Dessert

- Apple cobbler



## MANNA Meal Plans

### Standard Meal Program

3 meals per day/7 days per week

### OR

### Supplemental Meal Program

(for children participating in school lunch programs)

**Dinner** and **snacks** throughout the week and **3** meals per day on the weekends

## Specific Eligible Conditions

- **Type 1 diabetes**  
Ages 6-21 with an HbA1c of 7.5 or higher
- **Hypertension**  
Ages 13-21 with a BP greater than 140/90
- **High risk pregnancy**  
Hyperemesis gravidarum, gestational diabetes, preeclampsia, gestation hypertension
- **Weight management**  
Children ages 4-21 with a BMI >85 percentile

Talk to your child's doctor to learn more.

## About Health Partners Plans

HPP is a not-for-profit managed care organization, headquartered in Philadelphia, serving more than 390,000 members. HPP offers health plans for individuals of all ages and stages of their lives through Health Partners (Medicaid), KidzPartners (CHIP) and Health Partners Medicare products. HPP's mission is to build healthier lives and stronger communities. For questions about this program, please call HPP at **1-800-553-0784**.

## About MANNA

MANNA is a not-for-profit organization in Philadelphia which uses nutrition to improve health for people with serious illnesses who need nourishment to heal. By providing medically tailored meals and nutrition education, we empower people to improve their health and quality of life.

Health Partners (Medicaid) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, creed, religious affiliation, ancestry, sex gender, gender identity or expression, or sexual orientation.

**ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-553-0784 (TTY 1-877-454-8477).**

**ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-553-0784 (TTY 1-877-454-8477).**

**ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-553-0784 (телетайп 1-877-454-8477).**