

**“Having a child can be
challenging...**

*There are really no words to
describe the feeling but having
somebody, no, having a whole
entire program full of
encouragement makes every
day easier.”*

HFA participant



INSPIRING
Parents to
TEACH & NURTURE
Their Children



*The mission of Maternity Care Coalition is to
improve maternal and child health and
wellbeing through the collaborative efforts of
individuals, families, providers and communities.*

Administrative Office

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An affiliate of

Healthy Families

America



For more information contact :

267-773-5130

What is Healthy Families America (HFA) ?

- ◆ HFA is a free and voluntary home visiting program that provides support to help you with the changes and challenges that come with parenting.
- ◆ HFA services are available starting during your pregnancy and up to your child's third birthday.
- ◆ HFA teaches you fun and educational activities that you and your baby can enjoy together.
- ◆ HFA helps promote positive parenting, healthy child development, and overall family wellbeing.



Who can enroll in HFA?

You are eligible for services if you live in one of the following zip codes: 19120, 19124, 19132, 19133, 19134, and 19140

and

- ◆ Pregnant
OR
- ◆ Have a child under 3 months

What services does HFA Provide ?

- ◆ Education and support while you are pregnant
- ◆ Activities to help your baby learn and grow
- ◆ Provide access to public benefits and health insurance for children
- ◆ Information about healthy growth and development of your baby
- ◆ Breastfeeding support
- ◆ Safe Sleep education and free cribs for eligible participants
- ◆ Referrals to community services



Parents are their child's first teacher

- ◆ We help parents take a lead role in their child's learning and development.
- ◆ We help families build positive family relationships.
- ◆ We help pregnant women stay healthy and have healthy babies.
- ◆ We support the entire family's needs.

