

How many women get pregnant using these Birth Control Methods in 1 year?

What's a LARC?

Long

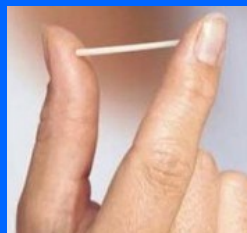
Acting

Reversible

Contraceptive

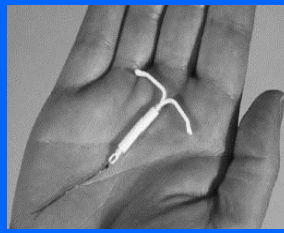
A free, safe, easy, and private way for YOU to control when to have kids.

Using LARC Methods



Implant

Less than 1 of 100 women!!



Intrauterine System (IUS)

Using Traditional Hormonal Methods

8 of 100 women



The Patch



The Pill



The Ring

Using Barrier Methods



Condoms

15 of 100 women

Long-acting reversible contraception methods like the *Intrauterine System (IUS)* or *Implant* are great because they're:

- **EASY** with no alarms, calendars, or frequent doctor or pharmacy visits.
- **LONG-LASTING** so that you can follow your dreams.
- **PREFERRED** choice for teens by doctors.
- **EASILY REVERSIBLE** when you are ready to become pregnant.

Why







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The intrauterine system and implant will:

- **NOT** cause you to gain weight.
- **NOT** affect your ability to get pregnant after device removal.
- **NOT** protect against sexually-transmitted infections or HIV – you **MUST** still wear a condom every time to prevent this.

Pick the option that sounds best for you! Prevent pregnancy the smart way!

	Intrauterine System (IUS)	Implant
	 	 
Safety	<ul style="list-style-type: none"> -Safe for almost all teens! -ASTD check will be performed first. 	<ul style="list-style-type: none"> Safe for almost all teens!
How it works	<ul style="list-style-type: none"> Small amounts of hormone are released for up to 5 years. 	<ul style="list-style-type: none"> Small amounts of hormone are released for up to 3 years.
How it is used	<ul style="list-style-type: none"> -A small device goes through the cervix and sits inside the uterus. -It cannot be seen from the outside. -It can be removed by a doctor at any time. 	<ul style="list-style-type: none"> -Skin is numbed and a small rod is put under the skin of the arm. -Sometimes a small outline can be seen when squeezed. -It can be removed by a doctor at any time.
What to expect	<ul style="list-style-type: none"> -Some experience cramping right after insertion. -Changes in bleeding patterns (most have lighter, less frequent periods and some stop bleeding altogether). 	<ul style="list-style-type: none"> -Some experience arm discomfort right after insertion. -Changes in bleeding patterns (most have lighter, less frequent periods, others have heavier, more frequent periods, and some stop bleeding altogether). -A few experience changes in skin, mood, headaches, nausea, sore breasts.

All women with insurance/and some without, can get these devices placed for FREE or at very low cost at these locations:

St. Christopher's Adolescent Clinic (215) 427-3802
 Temple Family Planning Clinic (215) 707-3232
 Drexel Women's Care Center (215) 762-7824
 Einstein Family Planning Clinic (215) 456-7180
 Planned Parenthood (215) 496-9696
 CHOICE Teen Hotline (for more options) (215) 985-3300

Nelson Pavilion 3601 A St., 2nd Floor Mon.-Fri. 9am-5pm
 Broad and Tioga, 8th Floor Mon.-Fri. 8am-3pm
 1427 Vine Street, 7th Floor Mon.-Fri. 9am-5pm
 5501 Old York Road, Paley Building 3 Mon.-Fri. 8:45am-5pm
 1211 Chestnut Street, 4th Floor Monday 8:30 AM-7:00 PM, Tuesday and
 Wednesday 8:30 AM-6:00 PM, Thursday 9:30 AM-5:00 PM, Friday 8:30 AM-4:00 PM

***** ALL SERVICES ARE FREE AND CONFIDENTIAL *****