



Healthier You Fit Kids Program Referral	
Referral Information	Patient Information
Referring Provider:	Patient Name: DOB:
Preferred Provider Contact: (Phone / Pager / Email)	HP ID#:
Hospital / Clinic Name:	Caregiver's Name:
Today's Date:	Phone:
For questions regarding your referral, please contact the Nutrition Care Manager at (215) 991-4135	Preferred Language:
	Weight: _____ Height: _____
	BMI: _____ BMI %: _____

PRESENTING PROBLEMS (check all that apply):

Obesity (Greater than 95% BMI)

With co-morbidities

- Diabetes
- Hypertension
- Sleep Apnea
- Hypercholesterolemia
- Hypertriglyceridemia
- Other (Specify): _____

Nutritional Concerns (specify):

Disease Management

- Asthma
- Diabetes
- Other (Specify): _____

Without co-morbidities

Wellness Interest

Overweight (Between 85-95% BMI)

Wellness goals to work on between doctor's visits (Specify):

**Please fax completed form to: 267-515-6652,
Attention: Fit Kids Program Referral**