

Milestones for mini mouths



BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH
SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS
CARING FOR YOUR OWN ORAL HEALTH



YOU'RE BEGINNING TO SEE THAT **ADORABLE SMILE**



START PROTECTING IT BY WIPING HIS GUMS WITH A SOFT, CLEAN CLOTH AFTER EACH FEEDING



BABY IS CUTTING HIS FIRST TOOTH
START BRUSHING THAT TOOTH
TWICE A DAY
USING A SMEAR OF TOOTHPASTE



WHEN BABY IS READY FOR SOLID FOOD
CHOOSE THINGS WITH NO ADDED SUGAR



MAKE SURE YOUR BABY HAS A **DENTAL CHECK-UP** BY HIS FIRST BIRTHDAY



If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.



The information contained in this publication should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. This publication has been developed by the American Academy of Pediatrics. The authors and contributors are expert authorities in the field of pediatrics. No commercial involvement of any kind has been solicited or accepted in the development of the content of this publication. Copyright © 2018 American Academy of Pediatrics. You may download or print from our website for personal reference only. To reproduce in any form for commercial purposes, please contact the American Academy of Pediatrics.

This infographic is supported by the Grant or Cooperative Agreement Number, 16 NU380T000167-04-01, funded by the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the CDC or the Department of Health and Human Services.

The American Academy of Pediatric Dentistry, American College of Obstetricians and Gynecologists, American Dental Association, and the American Dental Hygienists' Association support the value of this clinical document as an educational tool, January 2019.

