

2018 Perinatal Depression Resource Guide

Post-Partum Specific Providers

<p>Hall-Mercer Community Behavioral Health 245 South Eighth Street #336 19106 Phone: 267-930-8567 www.med.upenn.edu/hallmercer</p>	<p>Insurance: Call for info Also have Mommy and Me Child and Parent Center 215829-5555</p>	<p>Main Contact: N/A</p>
<p>Hispanic Community Counseling Service 3221 Kensington Avenue Philadelphia, PA 19134 Phone: 215--425--6900 3156 Kensington Ave Philadelphia, PA 19134 Phone: 215--291-8151 Web: www.hccsphil.org</p>	<p><u>Insurance</u> Public Medical Assistance; Health Partners, Keystone First, United Healthcare Community Plan, Coventry Cares, Aetna Better Health <u>Office Hours</u> Mon---Fri: 8pm---8pm; Sat. 8am---2:30pm Note: Walk-in accepted M-F 8-3</p>	<p>Main Contact: N/A</p>
<p>Citywide Community Counseling Service 537 E. Allegheny Ave Philadelphia, PA 19134 Phone: 215---291---9500</p>	<p><u>Insurance</u> Public Medical Assistance; Health Partners, Keystone First, United Healthcare Community Plan, Coventry Cares, Aetna Better Health <u>Office Hours</u> Mon---Fri 7am---7pm; Sat 8am---4pm</p>	<p>Main Contact: N/A</p>
<p>Post--Partum International 1-800-944-4PPD http://www.postpartum.net</p>	<p>Advice in English and Spanish 7 days a week 8a-8p</p>	<p>Phone: 1-800-944-4PPD http://www.postpartum.net</p>
<p>Penn Center for Women's Behavioral Wellness 3535 Market Street. 3rd Fl. Room 3079A Philadelphia, PA 19104 Phone: 215-57--8886 Web: www.med.upenn.edu/womenswellness Post-partum specific</p>	<p><u>Insurance</u> CBH, Keystone Mercy, Health Partners, United Healthcare Community Plan, Aetna Better Health, Aetna, Penn Care Personal Choice, Anthem Blue Cross/Blue Shield, Horizon Blue Cross/Blue Shield <u>Office Hours</u> Monday---Friday 8:30am---5pm</p>	<p>Main Contact: N/A</p>

<p>Mother Baby Connections at Drexel http://drexel.edu/cnhp/practices/mother-baby-connections/ 267.282.1455 The Parkway Wellness Center 2nd Floor, 1601 Cherry Street Philadelphia, PA 19102</p>	<p>Insurance: Wednesdays, Thursdays and Fridays with infant babysitting. Call for hours</p>	<p>Main Contact: Bobbie Posmontier, PhD</p>
<p>La Puerta Abierta lpa-theopendoor.org 1-601-745-1952 Norris Square Neighborhood Project North Howard Street Aquinas Center 1700 Fernon Street 19145 Upper Darby Office St Alice Church 150 Hampton Rd, Upper Darby 19082</p>	<p>Insurance: No need for insurance</p>	<p>Main Contact: N/A</p>
<p>COHMAR 2055 E Allegheny Ave Philadelphia, PA 19134 Phone: 215-73--2669 Phone: 267-861-4382 Web: www.cohmar.org Latino Treatment at 2600 N American Street</p>	<p>Insurance Public Medical Assistance; CBH, Health Partners, Keystone First, United Healthcare Community Plan, Coventry Cares, Aetna, Medicare</p> <p>Office Hours: Mon---Thurs 8:30 am---8pm Walk---ins Monday/Wednesday 9am--- 11, Tuesday/Thursday 1pm---3pm Note: Saturday: 9am---5pm Latino Treatment Center</p>	<p>Main Contact: N/A</p>
<p>The Center for Postpartum Depression 148 West Highland Ave 19118 Chestnut Hill Philadelphia, PA 19118 http://www.postpartumcenter.com/ Phone: 215--247--2114</p>	<p>Insurance None</p>	<p>Main Contact: Dr Barbara Lewin</p>

Not Post-Partum Specific

<p>JFK 112 N.Broad Street 7th Floor Philadelphia, PA 19102 Phone:215---568---0860 (Central Intake) Web: www.jfkbhc.org Not Post-partum specific</p>	<p><u>Insurance</u> CBH,Keystone Mercy, Health Partners, United Healthcare Community Plan, Aetna Better Health</p> <p>Office Hours Walk ins 10-1 M-F or Monday---Thursday: 9am---5pm</p>	<p>Main Contact: N/A</p>
<p>Community Behavioral Health 801 Market Street Suite 7000 Philadelphia, PA 19107 Phone: 215---413---3100 Web: dbhids.org/community---behavioral---health Not Post-partum specific</p>	<p><u>Insurance</u> Public Medical Assistance; CBH Health Partners, Keystone First, United Healthcare Community Plan, Coventry Cares, Aetna, Medicare</p> <p>NOTE: CBH IS A REFERRAL AGENCY; THEY WILL REFER YOU TO A LOCATION PROVIDING SERVICES NEAR YOU</p>	<p>Main Contact: N/A</p>
<p>Albert Einstein Health Network (Moss Rehab Location) 1200 W. Tabor Road 1st Floor, Room 100 Philadelphia, PA 19141 Phone: 215-456-9850 Not Post-partum specific</p>	<p><u>Insurance</u> Health Partners, Keystone Mercy, Aetna, Keystone Health Plan East, Blue Cross, Personal Choice, CBH</p>	<p>Main Contact: N/A</p>

<p>Intercultural Family Services Healthy Start--- South Program 2137 S. 23rd Street Philadelphia, PA 19145 Phone: 215---334---4387 Website: www.ifsinc.com Not Post-partum specific</p>	<p><u>Insurance:</u> Medicaid--- eligible insurance that covers behavioral health</p> <p><u>Office Hours</u> Mon---Thurs 9am---7pm Friday 9am---6pm Saturdays by appt. only</p>	<p>Main Contact: N/A Languages: Vietnamese Cambodian Chinese Spanish</p>
<p>Spectrum Health Center 5201 Haverford Ave Philadelphia, PA 19139 Phone: 215---471- --2761 Website: www.spechealth.org Not Post-partum specific</p>	<p><u>Insurance:</u> Signa HealthSpring, Keystone First, Health Partners, United Healthcare, Coventry Care, Aetna, Blue Cross Blue Shield, Personal Choice, CBH</p> <p><u>Office Hours</u> M/Thurs: 830am---5pm T/W/F: 8:30am- --5 Sat: 830--1</p>	<p>Main Contact: N/A</p>
<p>Postpartum Depression Philly ppdphilly.com</p>	<p>Info on postpartum depression</p>	
<p>Crisis Text Line</p>	<p>Crisis Text Line serves people in any type of crisis, providing them access to free, 24/7, emotional support and information. Just text “START” to 741-741</p>	